



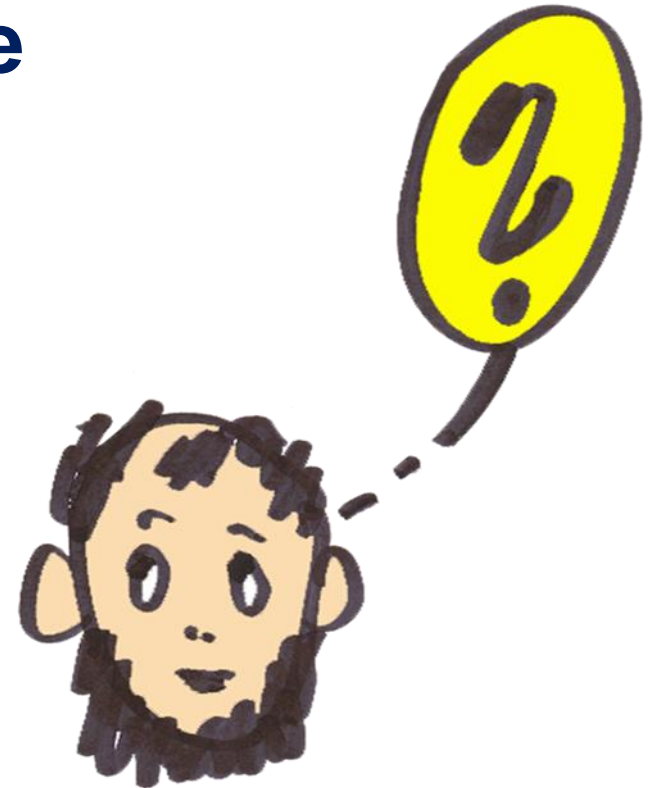
Detoxification by Joalis  
**The course for beginners**  
**by Dr Josef Jonáš**

# Human body functioning is negatively influenced by 10 toxin groups:

- **Microbial foci**
- **Chronic infections**
- **Acute infections**
- **Inorganic toxins**
- **Organic toxins**
- **Metabolic toxins**
- **Emotional toxins**
  - **Antigens**
- **Food additives („E“)**
- **Kitchen salt (NaCl)**

# How is it possible?

- The immune system only can eliminate toxins from the human organism by transporting them to the excretory organs.



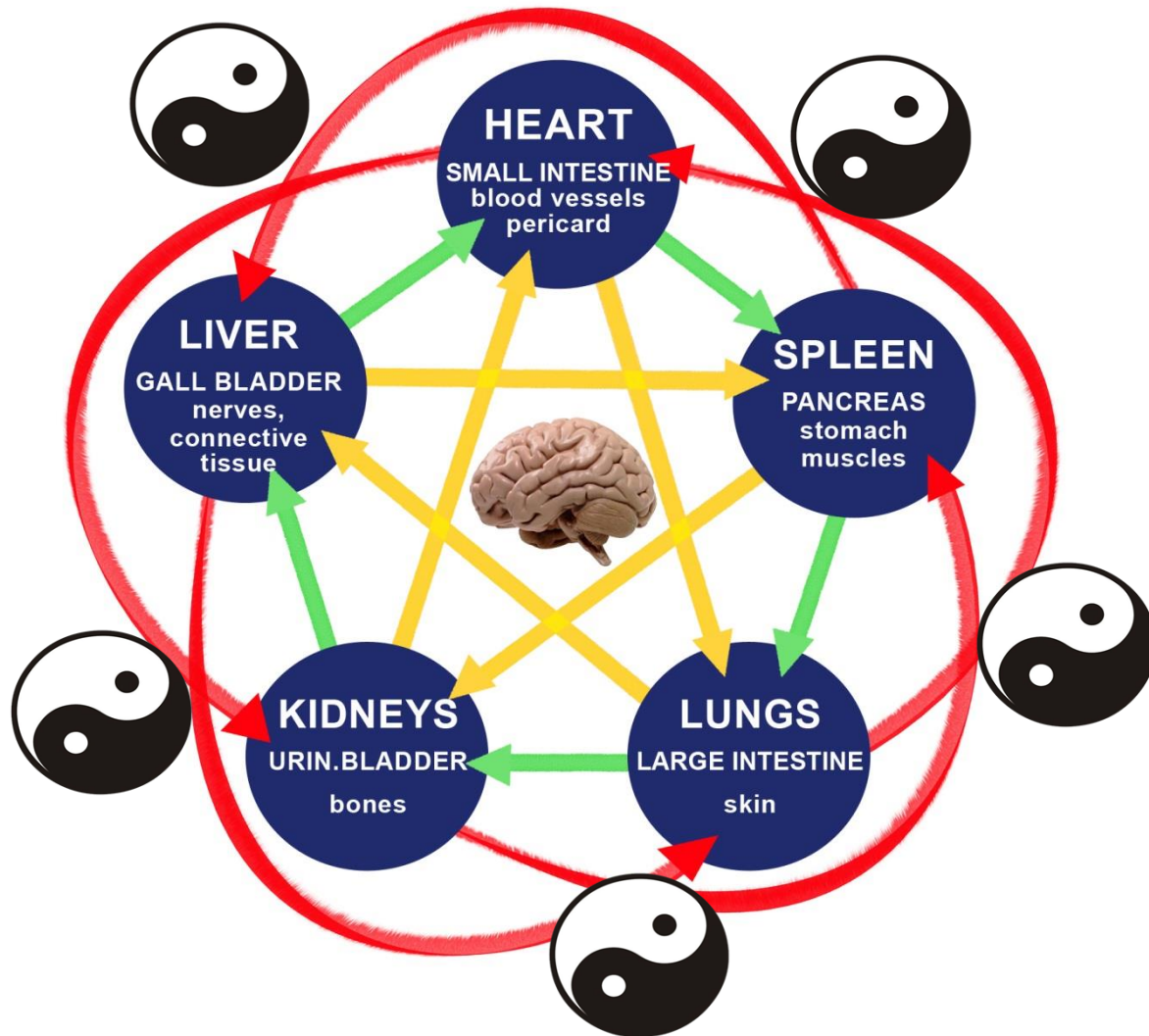
**If you want to master the Joalis method  
you must learn how to detoxificate  
these 10 basic groups of toxins.**

Man himself, with his complicated psyche, prevents his body to get rid of those harmful substances.



- Joalis preparations concentrate on the human psyche and by means of **information** enable the body to eliminate the toxins.

# TCM pentagram and monad



# Basic parent organs

**liver**

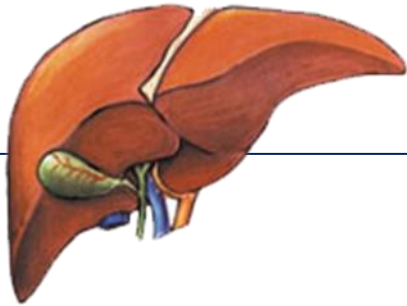
**kidney**

**spleen**

**lung**

**heart**





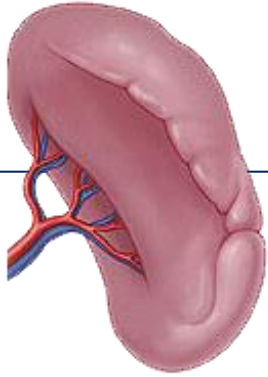
# LIVER

- **gallbladder**
- **connective tissue**
  - **eyes**
- **immunity centres in the brain**
  - **joint capsules**
    - **cartilages**
- **peripheral nervous system**
  - **rectum**
  - **nails**



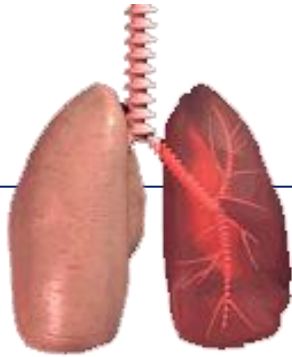
# KIDNEY

- **urinary bladder & urethra**
  - joints
- **vertebral column**
  - hair, hirci
  - inner ear
  - part of the emotional brain
    - tonsils
- **synovial lining**
  - bones
- **a part of hypothalamus (sex hormones)**
- **a part of pituitary (sex hormones)**
- **male & female sex hormones**
- **blood pressure**



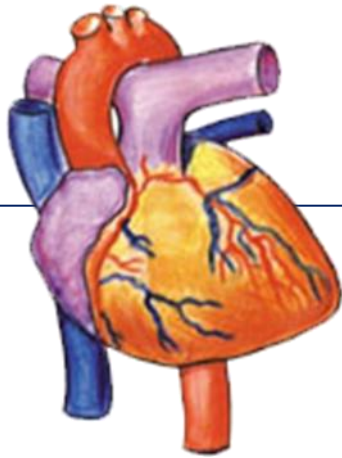
# SPLEEN

- **stomach**
- **pancreas**
  - **thyroid**
  - **mucosa**
- **salivary glands**
  - **bone marrow**
- **satiety center of hypothalamus**
  - **vegetative nerves**
  - **lymphatic system**



# LUNG

- **large intestine**
  - **skin**
- **nose + paranasal sinuses**
  - **airways**
  - **middle ear**
  - **sweat glands**
- **thermoregulation (hypothalamus)**
  - **pleura**
  - **mediastinum**
- **a part of the emotional brain (depressions)**



# HEART

- **small intestine**
  - pericardium
- nervous system of the heart
  - aorta
  - blood circuit
- a part of the emotional brain (joy)
  - duodenum

**Description  
of the most important  
Joalis preparations**

Please keep in mind:  
**Every** detoxification cure  
**must** begin with

## Nodeg

It helps unblock capsulated emotions which prevent the human body from eliminating harmful substances.



**Nodegen – an optimal start of each detoxification cure.**

# LiDren

## Detoxification of *microbial foci* from the liver domain (TCM)

*The immune system regulation (parietal lobe of the brain) belongs to the liver domain as well.*



# UrDren

**Detoxification of *microbial foci*  
from the kidney domain (TCM)**

# CorDren

**Detoxification of *microbial foci*  
from the heart domain (TCM)**

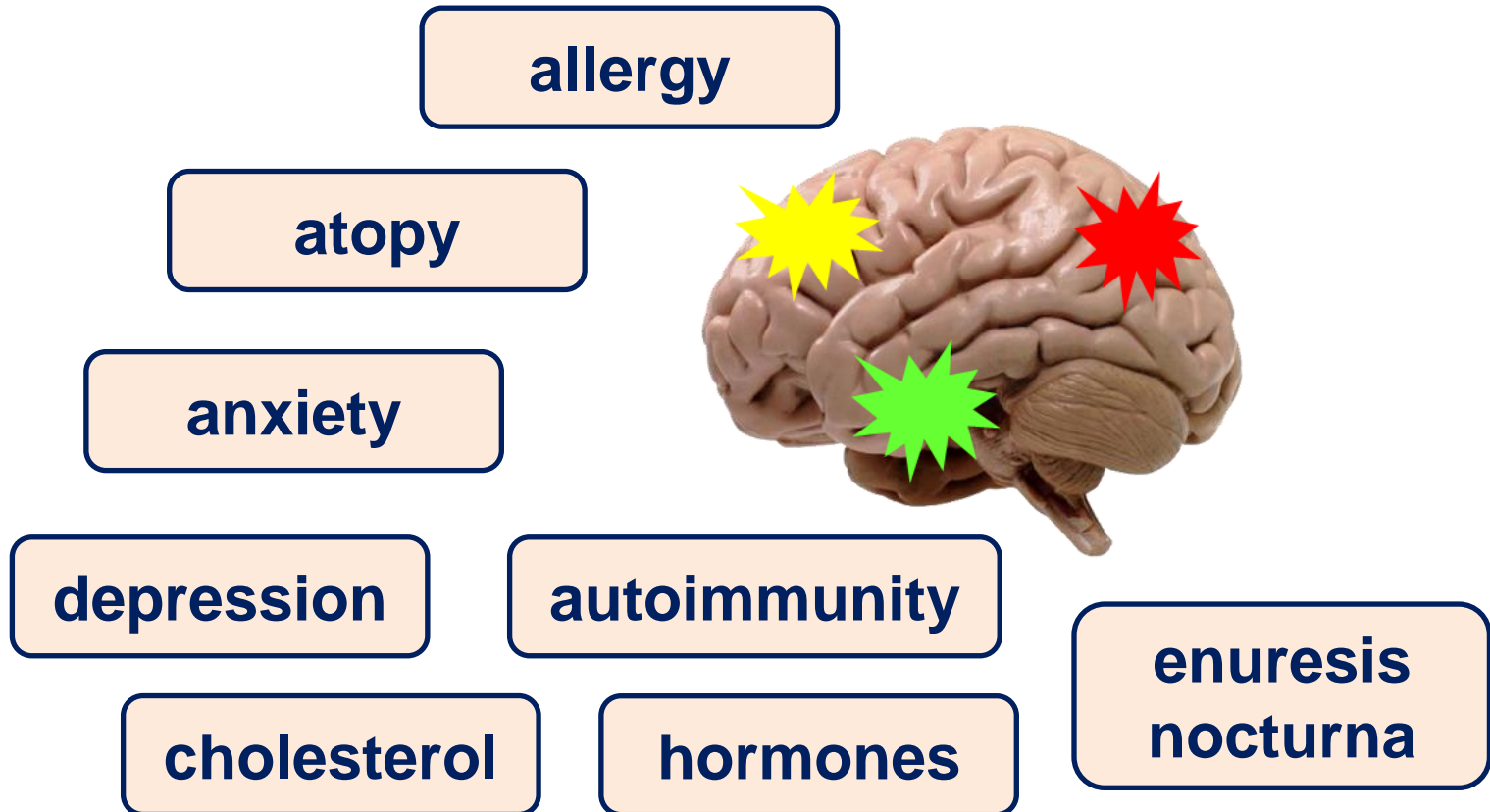
# VelienDren

**Detoxification of *microbial foci*  
from the spleen domain (TCM)**

# RespiDren

Detoxification of *microbial foci*  
from the lung domain (TCM)

# Microbial foci impair brain functions and the impaired brain activity gives rise to disorders such as:



- Microorganisms – bacteria, cocci, chlamydiae, viruses, yeasts, parasites – form not only infectious foci.
- They also cause acute infections (curable with antibiotics / antivirotics) and **chronic infections**.

**Please keep in mind a rule  
concerning microbial foci and  
chronic infections:**

**Every** detoxification aimed at a microbial  
burden **must** start with

**Diamino**

It helps unblock emotional stress which hinders  
detoxification of foci and infections.

# Spirobor

**Detoxification of *chronic infections*  
caused by Borrelia  
from all tissues of the human body.**



# Antivex

**Detoxification of *chronic infections*  
caused by viruses**

# Yea

**Detoxification of *chronic infections*  
caused by *fungi***

**It is necessary to combine three preparations:**

**Yea + Mebol + Metabex**

**IMPORTANT:  
reduce consumption of sugar.**

# Noba

**Detoxification of *chronic infections* caused by bacteria, chlamydias, mollicutes and bacilli.**

**Para**

**Detoxification of *parasitic burden***

**Preparations  
for detoxification  
of other toxins**

# MiDren

## Detoxification of **inorganic toxins**

(toxic metals, chemical substances, medicaments, synthetic drugs – Ecstasy, etc.).

# **EviDren and PEESDren**

## **Detoxification of organic toxins**

such as mycotoxins, immunocomplexes,  
insect & microbial toxins, plant drugs  
(cannabis, opium, etc.)

**To achieve a complete detoxification of organic toxins,  
it is necessary to use both preparations.**

# Mebol

**Detoxification of metabolic disorders**  
(impaired metabolism of plant or animal proteins, fats, and carbohydrates)



# Metabex

**Detoxification of harmful metabolites,  
i.e. faulty products of human  
metabolism.**

- **All foods, with the exception of fruit and vegetable, can be poorly metabolized, and consequently, may cause health disorders.**
- But all foods can also be well metabolized, and then no health problems arise.

# Toxigen

**Detoxification of the food additives („E“)**

**recommended combination:**

**Toxigen + Stre**

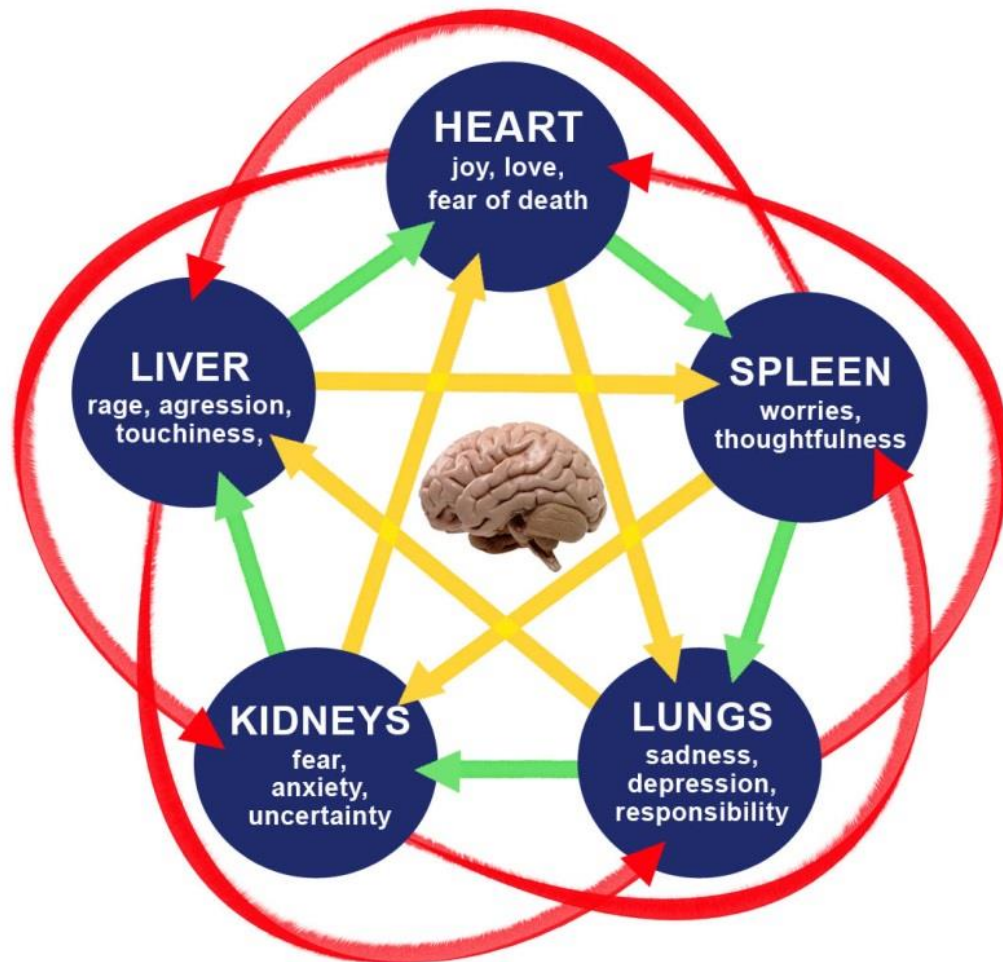
*P. S.:*

*I recommend you to do your shopping with a magnifying glass and a list of food additives.*

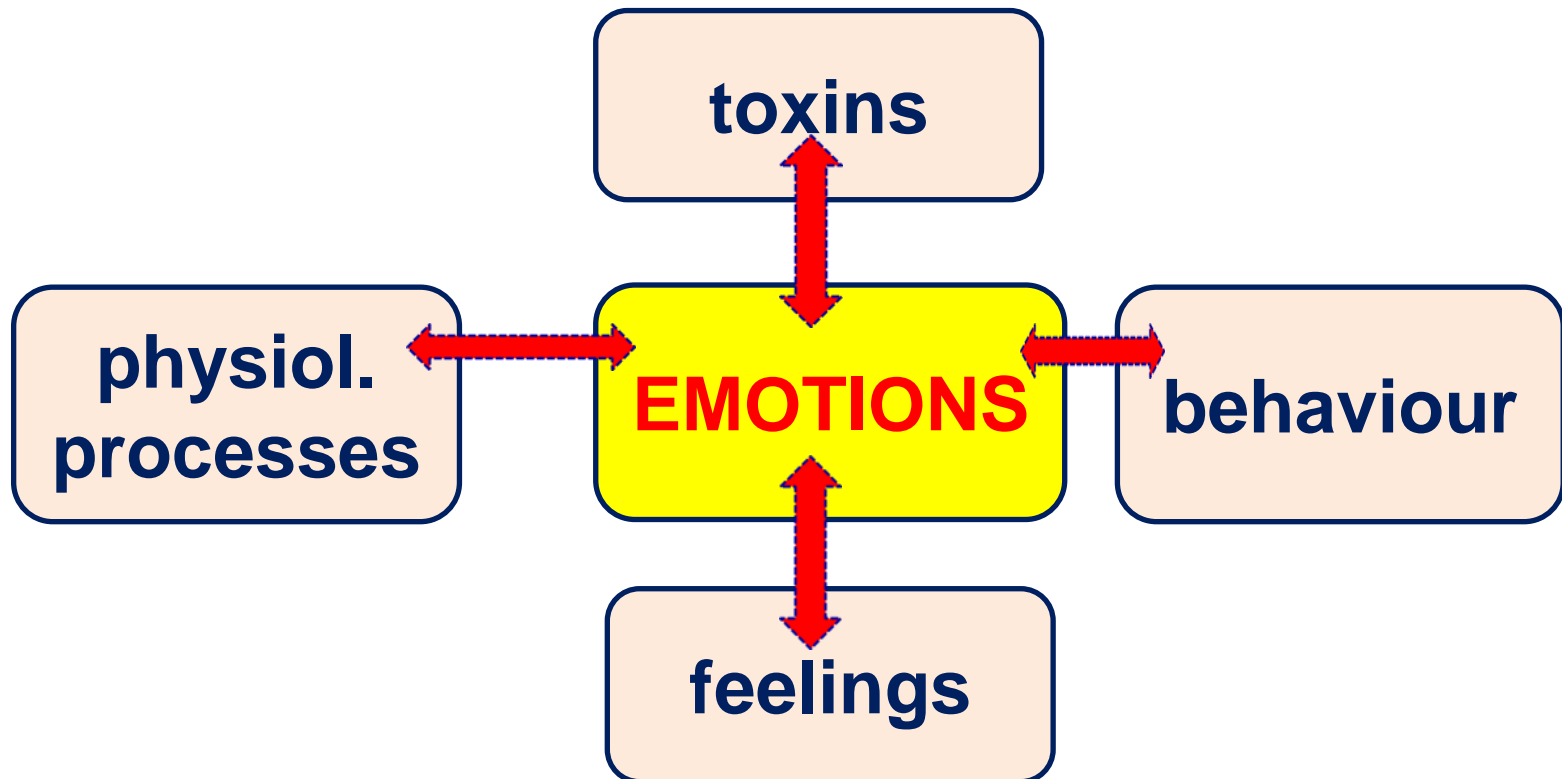
# Non-grata

**Detoxification of toxic antigens.**

# Emotions, nervous system



I am convinced that the reason for accumulation of toxins in the human body are the emotional problems.



- Detoxification of emotional toxins **must always precede** detoxification of physical toxins.
- **This is the reason why each Joalis preparation contains the emotional component.**

# Emo

## *Emotional toxins*

**This preparation detoxifies emotional problems, emotional sensitivity and lability.**

***Amygdala of the limbic system***



# Stre

## *Emotional toxins*

- This preparation detoxifies the parts of the brain called hippocampus and fimbria, where the consequences of a **long term stress** are encoded.

# Anxinex

- **Detoxification of the *striatum***
  - **Irrational fear, anxiety**

# Emotional toxins

develop as a result of pathological emotional processes...

suppressed emotions

emotional stress

emotional deprivation

blocked emotions

impairment through  
stress

impairment through  
emotions

**...and above all, as a result of the most harmful and omnipresent emotion :**

**Embaise**

**Detoxification of  
unnatural fear (lateral  
ventricles of the brain)**



# Egreson

**Unnatural aggressiveness  
may arise in the lamina affixa.**

# Elemde

**Detoxification of microbial foci  
of the cerebral cortex.**

# Mezeg

## Detoxification of the glial cells

**Neuroglia** (white matter) – their toxic burden may cause disorders in nerve conductivity.

# Internal

## **Detoxification of the intestinal (enteric) nervous system.**

Toxic burden in the enteric nervous system may cause digestion problems.